

## **Best Performance Sports Training:**

### ***Peewee, Competitive Bantam and Midget/Junior Prep August***

- Competitive Peewee Camp – This camp is designed to help propel this districts Peewee players to the next level. There are 30 spots available for motivated Peewee level players. At the start of the camp players will be divided into 2 groups for 2 skill development ice times. At conclusion of the 2<sup>nd</sup> ice time, players will be divided into 2 even teams. From that point forward each day will consist of a team practice in the morning and a game in the late afternoon.
- Competitive Bantam Camp – This camp is designed to help propel this districts Bantam players to the next level. There are 30 spots available for motivated Bantam level players. At the start of the camp players will be divided into 2 groups for 2 skill development ice times. At conclusion of the 2<sup>nd</sup> ice time, players will be divided into 2 even teams. From that point forward each day will consist of a team practice in the afternoon and a game in the evening. This camp will be highly competitive. It is encouraged that players signing up are intending on playing competitive hockey in the upcoming season
- Conditioning/Prep Camp– This evening camp is designed to help prepare midget, junior, college and pro players for upcoming camps and seasons. Each ice time will include an hour-long skill and tactical session, followed by a 1-hour small area games session. There are 24 spots available in this camp.

#### ***When:***

**Peewee:** August 19<sup>th</sup> – 22<sup>nd</sup> 10am – 6pm, August 23<sup>rd</sup> 4pm – 6pm

**Bantam:** August 19<sup>th</sup> – 22<sup>nd</sup> 11am – 7pm, August 23<sup>rd</sup> 4pm – 6pm

**Conditioning/Prep Camp:** August 18<sup>th</sup>: 6 – 8pm, August 19<sup>th</sup>: 7 – 9:15pm, August 20 & 21<sup>st</sup>, 7:45 – 9:45pm

**A detailed schedule will be emailed August 14<sup>th</sup>. Also visit [www.bestperformance.ca](http://www.bestperformance.ca) to view daily schedules**

#### ***How Much?***

##### Players and Goalies

Peewee Camp and Competitive Bantam Camp

1. Price before July 5<sup>th</sup> \$355

2. Price after July 5<sup>th</sup> \$380

Midget/Junior Prep \$150 for all 4 sessions or \$45 per session

#### ***How Do I Register?***

1. Registration will be first come first serve. **There are limited spots available.**
2. Go to Ernie's Sports Experts in Fort St. John and pick up a registration form.
3. Complete the form and give it to the front desk personnel with payment enclosed.
4. Include an email address on the registration form so registration can be confirmed on August 14<sup>th</sup>
5. If you have any questions or need to register via email, email Phil Hiscock at [bestperformancephil@gmail.com](mailto:bestperformancephil@gmail.com) or call/text 250-261-0887.

***IMPORTANT!! Please indicate which group you would like (This may change based on registration numbers)***

Amount Enclosed \_\_\_\_\_ Cash \_\_\_\_\_ Cheque# \_\_\_\_\_ Etransfer \_\_\_\_\_

Guardian Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email(**please print clearly**) Primary: \_\_\_\_\_

Secondary: \_\_\_\_\_

Player Name: \_\_\_\_\_ DOB (mm/dd/yy): \_\_\_\_\_ Age: \_\_\_\_\_

- Please make cheques payable to **“Phil Hiscock”**

**AMATEUR ATHLETIC  
WAIVER AND RELEASE OF LIABILITY**

In consideration of being allowed to participate in any way in the Best Performance Sports Training Summer Camps athletic/sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Best Performance Sports Training, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X \_\_\_\_\_  
PARTICIPANT'S SIGNATURE

X \_\_\_\_\_ Date Signed: \_\_\_\_\_  
WITNESS

**FOR PARTICIPANTS OF MINORITY AGE**  
(UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above.

X \_\_\_\_\_  
PARENT/GUARDIAN'S SIGNATURE                      \_\_\_\_\_  
EMERGENCY PHONE NUMBER

X \_\_\_\_\_  
WITNESS